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Lifespan Development, Third Australasian edition, explores human physical, cognitive and social development within an Australian and New Zealand context. Building on the successful first and second editions, the resource's comprehensive theory coverage includes the latest local and international research in this ever-evolving field, and is perfectly complemented by numerous physical and mental health applications within local psychological, allied health and educational settings. This edition includes enhanced coverage of developmental theories, and increased integrated coverage of cross-cultural and Indigenous issues unique to the multicultural societies of Australia and New Zealand. It is an ideal resource offering for undergraduate students in both countries in order to enhance understanding of human development -- from conception through to the end of life. Balanced coverage of the entire life span is just one thing that distinguishes HUMAN DEVELOPMENT: A LIFE-SPAN

VIEW, Seventh Edition. With its comprehensive, succinct, and applied coverage, the book has proven its ability to capture readers' interest while introducing them to the issues, forces, and outcomes that make us who we are. The material is relevant, too: Readers gain the foundations in important theories and research that enable them to become educated interpreters of developmental information. In addition, basic and applied research along with controversial topics and emergent trends demonstrate connections between the laboratory and life. Feel intimidated by the life-span course? You're in good hands with HUMAN DEVELOPMENT: A LIFE-SPAN VIEW, 8th Edition, as your guide. Complete, yet succinct and filled with real-life examples that aid understanding, the text has proven its ability to capture students' interest while introducing them to the issues, forces, and outcomes that make us who we are. The efficient organization (chronological, but with a few chapters on key topical issues) allows this text to be briefer than many other texts for the same course. The material is relevant, too: You'll gain the foundations in important theories and research that enable you to become an educated interpreter of developmental information in your future career. In addition, basic and applied research along with controversial topics and emergent trends demonstrate connections between the laboratory and life. ESSENTIALS OF HUMAN DEVELOPMENT: A LIFE-SPAN VIEW, 2nd Edition fills the need for a shorter text that emphasizes the essential, defining features of modern research and theory in human development. Using a modified chronological approach and emphasizing the biopsychosocial framework, the text provides: a readable account of human development across the life span; conceptual foundations that enable students to become critical interpreters of developmental information; and an introduction to relevant research and its application to key issues. The text also emphasizes the application of human development research across diverse professional settings, making it ideal for students who are pursuing a career related to psychology or areas such as education, health, and human sciences. Succinct and filled with real-life examples, this text will capture your students' interest while introducing them to the essential issues, forces, and outcomes that make us who we are. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. This book presents the consensus findings of the ISAKOS Shoulder Committee regarding the treatment options in patients suffering from shoulder pain and reduced function or dead arm syndrome as a consequence of rotator cuff injuries. The aim is twofold: to equip readers with a precise knowledge of the presenting characteristics of these injuries in different age groups and to describe in detail the initial management and surgical and non-surgical approaches, taking into account the age-specific features. Readers will find clear descriptions of all the latest arthroscopic techniques, which allow repair of even the largest tears. The indications for and performance of tendon transfer procedures, biceps tenotomy, tenodesis, hemiarthroplasty, anatomic shoulder arthroplasty, reverse total shoulder arthroplasty, and revision surgery are explained. Helpful guidance is also provided on the use of strategies to promote rotator cuff healing, including stem cell therapy and scaffolds. The authors are leading experts in the field, and the book will be of value for all shoulder surgeons and orthopaedic trainees and consultants, as well as sports medicine specialists. This book synthesizes the literature on emotional development and cognition across the lifespan. The book proposes a core language by which to describe positive and problematic developmental changes by recourse to a parsimonious set of core principles, such as elevations or declines in tension thresholds and their relation to the waxing and waning of the cognitive system over the life course. It integrates, similarly, the lifelong consequences of the positive or damaging aspects of the social milieu in fostering increases in tension thresholds with their advanced capacity for maintaining equilibrium and warding off stress versus a lowering of tension thresholds with disturbances of equilibrium maintenance and heightened susceptibility to stress and deregulation. Balanced coverage of the entire life span is just one thing that distinguishes HUMAN DEVELOPMENT: A LIFE-SPAN VIEW, Seventh Edition. With its comprehensive, succinct, and applied coverage, the text has proven its ability to capture students' interest while introducing them to the issues, forces, and outcomes that make us who we are. Robert V. Kail's expertise in childhood and adolescence, combined with John C. Cavanaugh's extensive research in gerontology, result in a book with a rich description of all life-span stages and important topics. A modified chronological approach traces development in sequential order from conception through late life, while also dedicating several chapters to key topical issues. This organization also allows the book to be relatively briefer than other texts, a benefit given the enormous amount of information covered in the course. The authors provide theoretical and empirical foundations that enable students to become educated, critical interpreters of developmental information. A blend of basic and applied research, as well as coverage of controversial topics and emergent trends, demonstrates connections between the laboratory and life. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. "Presents the results of a four-year Spencer-funded project to synthesize what research says about writing development at different ages from multiple perspectives, including psychological, linguistic, sociocultural, and curricular"-- Life-Span Developmental Psychology: Normative Life Crises is a compilation of papers that deals with various points of view between the academic perspective — studies in developmental psychology and applied perspective — and the practical efforts of social workers to help individual clients. Part I discusses normative life crises from the two perspectives that include human behavior theory in social work education. This part also includes an interdisciplinary approach covering developmental, social, sociological, economic, and psychological fields. Part II covers the normative life crises in individual development such as discussions on death, ego development, and a practitioner's response on models of ego development. The book also discusses an abstract model versus an actual individual experience in dealing with crises, as well as the meanings of adaptation and survival during old age. Part III presents the normative life crises in the family circle covering topics such as parenthood, sex roles, depression, widowhood, and an example of situational stress. Part IV deals with the normative life crises and the social system, including socialization, life course, changing work cycles, and public policy on death. This book will prove valuable for psychologists, psychiatrists, sociologists, social workers, and behavioral scientists. This streamlined, readable account of human development gives you the conceptual foundations that enable you to become an educated and critical interpreter of developmental information. ESSENTIALS OF HUMAN DEVELOPMENT: A LIFE-SPAN VIEW also offers an introduction to relevant research and its application to important issues

in life-span development. In addition, the book emphasizes the application of human development research across diverse professional settings. If you're pursuing a career related not just to psychology but to education, health, or human sciences--be it as a nurse, physician, educator, psychologist, social worker, or others--this text will show you how human development research can allow you to work more effectively with future patients, students, or clients. Succinct and filled with real-life examples that aid your understanding, it will capture your interest while introducing you to the essential issues, forces, and outcomes that make us who we are. Available with InfoTrac Student Collections <http://goengage.com/infotrac>. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. Note to Readers: Publisher does not guarantee quality or access to any included digital components if book is purchased through a third-party seller.

The third edition of this unrivaled text on loss, grief, and bereavement continues to provide a unique biopsychosocial perspective and developmental framework for understanding grieving patterns. Organized by a lifespan trajectory, this text describes developmental aspects of grieving, linking these theories to effective clinical work. Biopsychosocial developmental theories, including neurobiological and genetic information, frame chapters that include recent research on how people of that age respond to varied loss situations, and intervention strategies supported by practice experience and empirical evidence are addressed. The new edition illuminates special considerations in risk and resilience for each life phase, systematically addressing issues of oppression, marginalization, and health disparities. It includes a new chapter on grief and loss as they effect individuals over 85 and covers spiritual development for each life phase. The book restructures the adult chapters to reflect major changes in theories on expanded lifespans, adds to content on evolving living arrangements for aging individuals, and expands coverage of common losses at different points in the lifespan. This new edition includes material on ageism and its impact on health and also examines the challenges faced by older adults in the LGBT community. Additionally, the third edition explicitly incorporates the rapidly evolving science of Adverse Childhood Experiences, addressing how ACEs intersect with grief and loss. Vignettes and case studies are incorporated into each life-phase chapter, illuminating the lived experience of grief. Thought-provoking discussion questions, chapter objectives, and additional resources for both students and instructors reinforce critical thinking and an Instructor's Manual, Casebook (of prior chapter readings), and PowerPoint slides are available for download. A free eBook is included with every text purchase. New to the Third Edition: Adds Special Considerations in Risk and Resilience to every chapter Incorporates Adverse Childhood Experiences (ACES) and their effects at various life stages Focus on neurobiological and genomic aspects of health Includes a new chapter on the Fourth Age – from 85 up Discusses spiritual development for each life phase Incorporates new case studies Restructures adult chapters to reflect major new theories about expanded lifespans Welcomes a new author who adds content on the third and fourth ages of older adulthood, ageism, and the experience of aging in LGBT communities Expands content on areas of marginalization – race, gender, financial resources, educational disparities, and more Expands content on evolving living arrangements for older adults Expands information on typical losses at different life stages Delivers expanded web materials including a casebook of prior readings from earlier editions, in addition to PowerPoint slides and class plans and activities in the Instructor Manual

Key Features: Provides a complete overview of classic and current grief theories Delivers a standardized developmental approach to each age group for consistency Presents practical intervention strategies for different life stages Includes chapter objectives, vignettes, case studies, and narratives to illustrate specific forms of loss Delivers abundant instructor resources including instructor's guide with sample syllabus and exercises, PowerPoints, class activities, and suggested resources

Work Across the Lifespan coalesces theoretical and empirical perspectives on aging and work. This volume examines a collection of human development theories that explain trajectories of change, including patterns of growth, maintenance, and decline across the adult lifespan. At its core, the lifespan perspective assumes a focus on aging as a continuous process of intraindividual change and goal-based self-regulation. In this text, the lifespan perspective serves as a lens for examining the complex relationship between aging and work. Integrating research from the fields of developmental psychology as well as industrial, work, and organizational psychology, this authoritative reference brings together the collective thinking of researchers who study work, careers, organizations, and aging. Summarizes key tenets of lifespan theories Applies lifespan theories to work, organizational life, and careers Examines age and work-related processes Provides an comprehensive lifespan perspective on work and aging Focuses on aging as a continuous intraindividual change process

A NEW YORK TIMES BESTSELLER “Brilliant and enthralling.”? —The Wall Street Journal A paradigm-shifting book from an acclaimed Harvard Medical School scientist and one of Time's most influential people. It's a seemingly undeniable truth that aging is inevitable. But what if everything we've been taught to believe about aging is wrong? What if we could choose our lifespan? In this groundbreaking book, Dr. David Sinclair, leading world authority on genetics and longevity, reveals a bold new theory for why we age. As he writes: “Aging is a disease, and that disease is treatable.” This eye-opening and provocative work takes us to the frontlines of research that is pushing the boundaries on our perceived scientific limitations, revealing incredible breakthroughs—many from Dr. David Sinclair's own lab at Harvard—that demonstrate how we can slow down, or even reverse, aging. The key is activating newly discovered vitality genes, the descendants of an ancient genetic survival circuit that is both the cause of aging and the key to reversing it. Recent experiments in genetic reprogramming suggest that in the near future we may not just be able to feel younger, but actually become younger. Through a page-turning narrative, Dr. Sinclair invites you into the process of scientific discovery and reveals the emerging technologies and simple lifestyle changes—such as intermittent fasting, cold exposure, exercising with the right intensity, and eating less meat—that have been shown to help us live younger and healthier for longer. At once a roadmap for taking charge of our own health destiny and a bold new vision for the future of humankind, *Lifespan* will forever change the way we think about why we age and what we can do about it.

Life-Span Developmental Psychology: Personality and Socialization presents papers on personality and socialization. The book discusses the history, theory, and psychological approaches of developmental psychology, with focus on socialization and personality development through the life span; personality dimensions; and theories of socialization and sex-role development. The text also describes the life-span perspective

of creativity and cognitive styles; continuities in childhood and adult moral development revisited; and issues of intergenerational relations as they affect both individual soc. With skill and enthusiasm, respected authors and noted researchers Robert V. Kail and John C. Cavanaugh tell a comprehensive and engaging story of life in *HUMAN DEVELOPMENT: A LIFESPAN VIEW, SECOND EDITION*. Experts in child development and adulthood and aging, respectively, Kail and Cavanaugh relate the fascinating story of the human lifespan. Their streamlined approach eliminates the redundancy of describing the lifespan via the traditional organizational structure used by many texts for the course. Instead, Kail and Cavanaugh employ a four-part structure that covers early childhood, the school years, the working/raising children years, and later life. This accurate and lively depiction of the developmental process helps students make better sense of our most intriguing and intricate journey. . .life. Providing full coverage of child and adult development within a modified chronological framework, Kail and Cavanaugh help students make the connections between chapters by emphasizing the dynamic interplay of biological, psychological, and social forces on development. This integrated biopsychosocial approach not only address the needs of many instructors, but also helps students understand how each element of development impacts the others. And unlike other lifespan texts which devote 40% or less of their coverage to adulthood and aging, *HUMAN DEVELOPMENT: A LIFESPAN VIEW* devotes as much coverage to adulthood and aging as to childhood and adolescence—all in 15 manageable chapters. *Human Development & Performance Throughout the Lifespan, 2nd Edition* is ideal for occupational therapy, physical therapy, and other rehabilitation disciplines. It provides a broad, occupation-based viewpoint of development and performance throughout all life stages with an emphasis on the factors that influence daily participation and optimal performance of desired daily life tasks. The authors use a life course conceptual model as an organizational foundation for clinical reasoning to help readers understand how to implement the activity- and participation-based goals and outcomes for therapy. Written by an occupational therapist and a physical therapist, the book incorporates chapters by leading experts in human development, giving users cutting-edge information and a wide range of perspectives. By integrating information from the International Classification of Function and Disability (ICF) with a developmental life-task perspective, the book gives both newcomers and experienced professionals an essential, contemporary frame of reference. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. Social skills are critical to psychological adjustment across the lifespan. These skills are necessary for attaining a variety of important social, emotional, and interpersonal goals. Social skill deficits and resulting negative social interactions are associated with a wide variety of adjustment problems and psychological disorders. *Social Skills across the Life Span: Theory* is a comprehensive social skills volume providing in-depth coverage of theory, assessment, and intervention. Divided into three major sections, the volume begins with the definition of social competence, developmental factors, and relations to adjustment. This is followed by coverage of general assessment and intervention issues across the lifespan. In the third section, program developers describe specific evidence-based interventions. Identifies how social skills influence social competence and well being Addresses the full lifespan Reviews methods to assess and intervene with children and adults Details evidence-based interventions for children and adults This book pioneers the study of bilingualism across the lifespan and in all its diverse forms. In framing the newest research within a lifespan perspective, the editors highlight the importance of considering an individual's age in researching how bilingualism affects language acquisition and cognitive development. A key theme is the variability among bilinguals, which may be due to a host of individual and sociocultural factors, including the degree to which bilingualism is valued within a particular context. Thus, this book is a call for language researchers, psychologists, and educators to pursue a better understanding of bilingualism in our increasingly global society. First published in 1987, *Biological-Psychosocial Interactions in Early Adolescence* explores the mutually - influential relations between biological and psychosocial variables as the basis for development in the early portions of the adolescent period and, in fact, across the entire life span. The volume introduces key conceptual and methodological issues that are raised by the study of biological-psychosocial interrelations. It provides key foundations for the research conducted in major laboratories in USA back in 1980s. It also provides the results from these laboratories and their progress at that time. This book will be an essential read for scholars and researchers of psychology, behavioural science, and sociology. *Lifespan human development* is the study of all aspects of biological, physical, cognitive, socioemotional, and contextual development from conception to the end of life. In approximately 800 signed articles by experts from a wide diversity of fields, *The SAGE Encyclopedia of Lifespan Human Development* explores all individual and situational factors related to human development across the lifespan. Some of the broad thematic areas will include: Adolescence and Emerging Adulthood Aging Behavioral and Developmental Disorders Cognitive Development Community and Culture Early and Middle Childhood Education through the Lifespan Genetics and Biology Gender and Sexuality Life Events Mental Health through the Lifespan Research Methods in Lifespan Development Speech and Language Across the Lifespan Theories and Models of Development. This five-volume encyclopedia promises to be an authoritative, discipline-defining work for students and researchers seeking to become familiar with various approaches, theories, and empirical findings about human development broadly construed, as well as past and current research. Recipient of the 2017 Most Promising New Textbook Award from the Textbook & Academic Authors Association (TAA) Chronologically organized, *Lifespan Development: Lives in Context* offers a unique perspective on the field by focusing on the importance of context—examining how the places, sociocultural environments, and ways in which we are raised influence who we become and how we grow and change. Author Tara L. Kuther integrates cutting-edge and classic research throughout the text to present a unified story of developmental science and its applications to everyday life. Robust pedagogy, student-friendly writing, and an inviting design enhance this exciting and inclusive exploration of the ways in which context informs our understanding of the lifespan. Written by Dea DeWolff of Purdue University and Terri Combs of Indiana University-Purdue University Indianapolis, the Study Guide provides chapter outlines, learning objectives, key terms, true/false questions, multiple choice questions, essay questions and answer keys with page references for each chapter of the text. Comprehensive, succinct, and applied, *HUMAN*

DEVELOPMENT: A LIFE-SPAN VIEW has proven its ability to capture students' interest while introducing them to the issues, forces, and outcomes that make us who we are. Robert Kail and John Cavanaugh's combined expertise in childhood, adolescence, and gerontology result in a rich description of all life-span stages and important topics. A modified chronological approach traces development from conception through late life, with several chapters dedicated to key topics -- an organization that allows the book to be briefer than other texts. Students gain theoretical and empirical foundations that enable them to become educated, critical interpreters of developmental information. The eighth edition blends basic and applied research with coverage of controversial topics and emergent trends to demonstrate connections between the laboratory and life. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. This is the only text to examine the experience of disability in relation to theories of human growth and development. It provides a foundational and comprehensive examination of disability that encompasses the intellectual, psychiatric, physical, and social arenas. The second edition is updated to underscore its versatility as an introductory text about the developmental tasks of people with disabilities for all the helping professions. Reorganized to illuminate the book's interdisciplinary focus, it includes new demographics, new case studies and first-person accounts, discussions on cultural aspects of disabilities, family concerns, and more. The text delivers practice guidelines for each of the conventional life stages and describes the developmental tasks of individuals with disabilities (IWDs). It emphasizes the positive trend in the perception of IWDs as normal and underscores the fact that IWDs have the same motivations, emotions, and goals as those without disabilities. Learning activities, suggestions for writing exercises, and websites for further study reinforce learning, as do graphs and charts illustrating trends and demographics.

NEW TO THE SECOND EDITION: Introductory chapter on understanding disability Demographic updates throughout New case studies and first-person accounts Expanded discussions about cultural considerations, intersectionality, and family considerations Updated Instructor's Manual and an Instructor's Test Bank

KEY FEATURES: Examines the conventional stages of human growth and development from the perspective of individuals with disabilities Integrates disability concepts with developmental theories and stages of the lifespan Addresses common ethical issues to illuminate the real-world implications faced by individuals with disabilities and their families Includes learning activities, suggestions for writing exercises, and websites for further study Purchase includes digital access for use on most mobile devices or computers.

Life-Span Development Psychology: Research and Theory covers the issues and problems associated with a life-span conceptualization of developmental psychology. The book discusses the status, issues, and antecedents of life-span developmental psychology; an approach to theory construction in the psychology of development and aging; and models and theories of development. The text also describes the methodology and research strategy in the study of developmental change; the application of multivariate strategies to problems of measuring and structuring long-term change; and the mechanisms required for the operation of perception and recognition. Learning and retention; language; and intellectual abilities are also considered. Developmental psychologists will find the study invaluable. Middle adulthood is a critical period of the life course. How we develop in middle age—the central period of our lives—can influence how well we cope in our later years.

Middle Adulthood: A Lifespan Perspective explores these issues by bringing together a distinguished group of international contributors associated with a range of prestigious longitudinal studies. **Language Development Over the Lifespan** is a reference resource for those conducting research on language development and the aging process, and a supplementary textbook for courses in applied linguistics/bilingualism programs that focus on language attrition/aging and adult literacy development in second languages. It offers an integrative approach to language development that examines changes in language over a lifetime, organized by different theoretical perspectives, which are presented by well-known international scholars. This is the first book that explicitly focuses on the relationships between various types of friendship experiences and happiness. It addresses historical, theoretical, and measurement issues in the study of friendship and happiness (e.g., why friends are important for happiness). In order to achieve a balanced evaluation of this area as a whole, many chapters in the book conclude with a critical appraisal of what is known about the role of friendship in happiness, and provide important directions for future research. Experts from different parts of the world provide in-depth, authoritative reviews on the association between different types of friendship experiences (e.g., friendship quantity, quality) and happiness in different age groups and cultures. An ideal resource for researchers and students of positive psychology, this rich, clear, and up-to-date book serves as an important reference for academicians in related fields of psychology such as cross-cultural, developmental and social.

Understanding developmental processes in the individual as well as in aggregates of individuals is an important aim of many of the social and behavioral sciences. This book presents a theoretical framework for this endeavor - an architecture for the study of human development across different disciplines. This architecture describes two major sources of human development (biology and culture) and posits three central developmental mechanisms (selection, optimization, and compensation). Aims to create a bridge across cognitive development and cognitive aging. This volume studies the rise and fall of specific cognitive functions, such as attention, executive functioning, memory, working memory, representations, and individual differences to find ways in which the study of development and decline converge on common mechanisms.

In the Second Edition of **Scientific Writing for Psychology**, veteran teacher, editor and author, Robert V. Kail provides straightforward strategies along with hands-on exercises for effective scientific writing in a series of seven lessons. Kail shares an abundance of writing wisdom with "tools of the trade"—heuristics, tips, and strategies—used by expert authors to produce writing that is clear, concise, cohesive, and compelling. The exercises included throughout each extensively class-tested lesson allow students to practice and ultimately master their scientific writing skills. By combining the best of topical and chronological approaches, this text presents life-span development as a motion picture rather than as a series of individual snapshots. This handbook presents the latest theories and findings on parenting, from the evolving roles and tasks of childrearing to insights from neuroscience, prevention science, and genetics. Chapters explore the various processes through which parents influence the lives of their children, as well as the effects of parenting on specific areas of child development, such as language, communication, cognition, emotion, sibling and peer relationships, schooling, and health.

Chapters also explore the determinants of parenting, including consideration of biological factors, parental self-regulation and mental health, cultural and religious factors, and stressful and complex social conditions such as poverty, work-related separation, and divorce. In addition, the handbook provides evidence supporting the implementation of parenting programs such as prevention/early intervention and treatments for established issues. The handbook addresses the complementary role of universal and targeted parenting programs, the economic benefits of investment in parenting programs, and concludes with future directions for research and practice. Topics featured in the Handbook include:

- The role of fathers in supporting children's development.
- Developmental disabilities and their effect on parenting and child development.
- Child characteristics and their reciprocal effects on parenting.
- Long-distance parenting and its impact on families.
- The shifting dynamic of parenting and adult-child relationships.
- The effects of trauma, such as natural disasters, war exposure, and forced displacement on parenting.

The Handbook of Parenting and Child Development Across the Lifespan is an essential reference for researchers, graduate students, clinicians, and therapists and professionals in clinical child and school psychology, social work, pediatrics, developmental psychology, family studies, child and adolescent psychiatry, and special education. Providing a solid foundation in the normal development of functional movement, *Functional Movement Development Across the Life Span, 3rd Edition* helps you recognize and understand movement disorders and effectively manage patients with abnormal motor function. It begins with coverage of basic theory, motor development and motor control, and evaluation of function, then discusses the body systems contributing to functional movement, and defines functional movement outcomes in terms of age, vital functions, posture and balance, locomotion, prehension, and health and illness. This edition includes more clinical examples and applications, and updates data relating to typical performance on standardized tests of balance. Written by physical therapy experts Donna J. Cech and Suzanne "Tink" Martin, this book provides evidence-based information and tools you need to understand functional movement and manage patients' functional skills throughout the life span. Over 200 illustrations, tables, and special features clarify developmental concepts, address clinical implications, and summarize key points relating to clinical practice. A focus on evidence-based information covers development changes across the life span and how they impact function. A logical, easy-to-read format includes 15 chapters organized into three units covering basics, body systems, and age-related functional outcomes respectively. Expanded integration of ICF (International Classification of Function) aligns learning and critical thinking with current health care models. Additional clinical examples help you apply developmental information to clinical practice. Expanded content on assessment of function now includes discussion of participation level standardized assessments and assessments of quality-of-life scales. More concise information on the normal anatomy and physiology of each body system allows a sharper focus on development changes across the lifespan and how they impact function. *Personality Development across the Lifespan* examines the development of personality characteristics from childhood, adolescence, emerging adulthood, adulthood, and old age. It provides a comprehensive overview of theoretical perspectives, methods, and empirical findings of personality and developmental psychology, also detailing insights on how individuals differ from each other, how they change during life, and how these changes relate to biological and environmental factors, including major life events, social relationships, and health. The book begins with chapters on personality development in different life phases before moving on to theoretical perspectives, the development of specific personality characteristics, and personality development in relation to different contexts, like close others, health, and culture. Final sections cover methods in research on the topic and the future directions of research in personality development. Introduces and reviews the most important personality characteristics Examines personality in relation to different contexts and how it is related to important life outcomes Discusses patterns and sources of personality development

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