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With his trademark wit and hard-hitting honesty, best-selling gun writer Robert Boatman covers the history, hardware, personalities and politics of the 1911. Get fresh insights on the greatest handgun of all time from such 1911 masters as Jeff Cooper, Louis Awerbuck and Max Joseph, plus informed opinion on carry, training, the future of the fighting gun and more. This book isn't about shooting as much as it is about the preparation, complicated feelings, emotions, and physiological changes that will occur when you are in a competition. Your technical training and talent can take you very far in the shooting sports, and it will allow you the opportunity to win matches that matter to you. Your mental fortitude, visualization, and competition mindset are factors that will enable you to carry through and actually win. The simple fact is that practical shooting matches test more than your technical shooting ability. They assess the professionalism of your preparation. At face value, matches test your ability to develop a stage plan, memorize it, and execute it. On a deeper level, matches test your ability to deal with pressure and control yourself. Honing these skills, these "mental game" sorts of things, are what this book is all about. This book contains the live fire training exercises used by IPSC World Champion and USPSA National Champion Ben Stoeger. The drills are put together with material to help you craft your own training routine and take your shooting to the next level. If you compete in Practical Shooting and you want to get better then this book contains the keys to the castle. This is the updated version of the popular "Skills and Drills". Get this book and reload your training! This work deals with the classification, construction, design and theory of different kinds of small arms (hand-firing weapons, heavy machine guns and small-calibre automatic cannons). It provides the necessary knowledge and information to designers, workers in research and development, students at military colleges and all those with an interest in firearms. A classic FBI wound ballistic study compiled by some of the top names in the field, including Evan Marshall (coauthor of the Handgun Stopping Power series) and Dr. Martin Fackler. This report looks at the stopping power of various .45 ACP and 9mm loads and addresses the importance of bullet placement, penetration factors, magazine capacity, handgun ammo limitations and much more. Enthusiasts of the venerable Mosin-Nagant bolt-action rifle, one of the most basic of the Russian and Soviet small arms, will find a wealth of information in the latest Soviet military manual translation by Maj. James F. Gebhardt. The manual, available in English for the first time, covers disassembly and assembly, cleaning and lubricating, and firing for zero at the specified zeroing range of 100 meters. Described in detail are all the steps, procedures and criteria that will ensure proper and safe function of the rifle or carbine. Also included are several data tables describing the ballistic performance of the 148-grain type-1908 projectile and the weight and length of the basic rifle and carbines in various configurations. For those interested in the sniper version of this rifle, an appendix describes both the PE and PU scopes. This is the ultimate source for Mosin-Nagant owners. When many in America hear the phrase "black man with a gun," they immediately think negatively. Is that an irrational fear or do the facts bear it out? If you've ever wondered what it's like to be a conservative black man in America, then this is the book for you. Kenn Blanchard takes you behind the scenes to places and perspectives you could never go unchaperoned. He has been involved in the gun rights fight since 1991. He breaks through the racial divide by destroying negative stereotypes about the black community and how they view guns and how they view traditionally white institutions like the NRA. The good reverend answers all these questions and more. You can't put Kenn Blanchard in a box; there's just too much of him. He's a preacher, a motorcycle rider, a Marine veteran, a loving husband and father, and a retired CIA officer. Hear his plea as he reaches out to his brothers and sisters in the African-American community in his best attempt at bringing them into the armed American fold. Black Man with a Gun Reloaded is not color blind. Rather, it takes the bull by the horns and rips its head clean off! This is the remarkable story of how Col. Rex Applegate, William Fairbairn, Eric Sykes and Wild Bill Donovan trained and employed OSS and MID commandos during WWII. Includes the facts behind the development of point shooting, knife fighting, hand-to-hand combat and a staggering number of other fighting skills as taught by the top instructors of the era. Contains rare archival photos and the Colonel's graphic original lesson plans. Learn to identify the firearms, evaluate their condition and determine value. The Gun Digest Book of Modern Gun Values features detailed specifications and current values from specialized experts for domestic and imported handguns, rifles, shotguns and commemorative firearms. 25,000 gun values 8,500 different guns 4,000 photos This book answers the "how to" questions about shooting technique. How do you hold the gun? How do you shoot fast? These questions and many more are answered inside. This material is geared for the USPSA, IPSC, or IDPA action shooting competitor. This is the revision to Ben Stoeger's book "Practical Pistol". This new edition is revised to reflect technique changes that have taken place over the last few years. The sport of Practical Shooting is changing quickly and becoming more competitive every day. This updated version of "Practical Pistol" is a must have for any serious USPSA or IDPA shooter. This new edition of Cooper's classic Principles of Personal Defense - with a fitting tribute by firearms expert Louis Awerbuck and all-new drawings by renowned illustrator Paul Kirchner - presents his timeless theory of individual defensive behavior clearly, concisely and practically. All free people who aspire to stay that way should read, study and share the wisdom found within these pages. Considered by many to be one of the greatest books on combat mindset and proper defensive mental conditioning ever written, it deserves a place of honor in every library. This is a straightforward, no-nonsense instructional book on pistolshooting; specifically competition practical pistol-shooting. Its take-no prisoners style holds nothing back, and eliminates any guess-work related to which techniques work and which ones are outdated. The best way to shoot is using the Isosceles Stance, fact or myth? What about the press-out technique? According to Professor Roger H. Lincoln, there are two rules for success in life: 1. Never tell everything you know. 2. Never tell everything all at once. In this book, Ben Stoeger laughs in the face of this great entrepreneur. Top shooters share a common knowledge which they have collected over the years from a plethora of sources; a knowledge that, in its whole, is far from common to the average shooter in that it is scattered. In this book, the top shooters such as Bob Vogel, Dave Sevigny, and Matt Mink collaborate with the author, Ben Stoeger, to compile the so-called "Grand Master secrets" into one location. The knowledge spans from marksmanship fundamentals to shooting on the move, and competition skills such as stage breakdown and managing match pressure. Finally, this book contains many little tips, drills, and exercises to help you improve your shooting. Nesta aventura, o personagem principal, Adam, está à procura de sua identidade como ser humano. Sua trajetória começa no Brasil, passando por Chipre e terminando na Síria dos dias de hoje, esfacelada pela guerra interna. From 1863 to the present--the company and the men who made it successful, the details of all models of rifles and the many other Marlin products. "Dry-Fire Training - For the Practical Pistol Shooter" is an at home training manual designed to complement the live-fire manual "Skills and Drills." This manual gives you a comprehensive set of drills to take your skills to the next level. The drills and associated goal times are tailored for people looking to be pushed to get better. This book has extensive drill commentary, where specific information on the focal points and goals of each individual drill are explained in detail. There is enough information here so you have the ability to act as your own coach. This book is self-contained, but it works best if you are using it in conjunction with "Skills and Drills" or have already taken a class with Ben. This book contains: -A brand new set of "Learning Drills" designed to get your gun handling up to speed -A set of field course focused drills -Extensive drill commentary -Tips on danger areas to watch out for -and much more! Provides practical help for the day-to-day concerns that keep managers awake at night. This book aims to fill the gap between the legal and policy issues that are the mainstay of human resources and supervision courses and the real-world needs of managers as they attempt to cope with the human side of their jobs. This is an updated version of a book published first during World War II. In addition to outlining the techniques of military and police individual combat, it examines the requirements of the civilian law enforcement officer for restraint and manhandling tactics. Information on over 250 sports, including rules and trivia. This book focuses on the sleep-related disorders in Parkinson's disease (PD), demonstrating that they are among the most common non-motor manifestations of PD and have a significant negative impact on quality of life. Sleep changes may also serve as markers to identify patients in the preclinical stage of PD. This book presents recent major breakthroughs related to sleep disorders in PD, such as REM sleep behavior disorder (RBD), insomnia, nocturia, restless legs syndrome and periodic limb movements, sleep disordered breathing, excessive daytime sleepiness, and circadian rhythm disorders. It also discusses the epidemiology, etiology, diagnosis, clinical implications, associated features, evaluation and management of these disorders and suggests some further research directions in these areas in order to develop neuroprotective therapies for PD. Focusing on Chinese PD patients, it addresses traditional Chinese Medicine, and compares the epidemiology and management of PD in China and Western countries to provide a frame of reference values for further studies. Further, it features numerous case reports to enable readers gain a better understanding of the subject matter. This comprehensive yet practical book is a valuable resource for scientists and clinicians. This manual gives the US Army a common language, concept, and purpose to fight and achieve success in a counterinsurgency. COIN is a complex subset of warfare that encompasses all military, paramilitary, political, economic, psychological, and civic actions taken by a government to defeat an insurgency at the company, battalion, and brigade levels. To do this, the manual merges traditional approaches to COIN with the realities of the current operational environment. This book contains the live fire training methods of Ben Stoeger. Drawing on his experience at the top levels of competition and his experience teaching others, he has refined his methodology for years. This book is the culmination of those ideas and experiences. This is the most detailed and involved live-fire training manual ever produced for the USPSA/IPSC competitor. This book contains: -A detailed set of drills and concepts to help you take your shooting to the next level -Practice tips to help you get the most out of every single session -A section designed to explain how you are doing it wrong and how to do it better -A series of benchmarks to get you to the top level of shooting -Advice on how to document your progress -Insight on what it takes to train and compete on the super squad -and much more! A guide to pistols, revolvers, rifles, shotguns, knives, daggers, bayonets, and other handheld weapons that includes over 350 entries. Finally! A book that covers Sig handguns in exhaustive detail! In Gun Digest Book of Sig Sauer, 2nd Edition, pre-eminent fighting handgun trainer Massad Ayoob takes an in-depth look at some of the finest pistols on the market. In this revised 2nd Edition: First-hand Sig handgun reviews evaluate handling characteristics, design and performance Insider reviews explain Sig developments over the past 10 years The most popular new models Revisions to explain significant changes to existing models If you own a Sig pistol, have considered buying one or just appreciate the quality of these fine concealed carry and home defense handguns, this is the book for you! The Glock pistol is America's Gun. It has been rhapsodized by hip-hop artists and coveted by cops and crooks alike. Created in 1982 by Gaston Glock, the pistol arrived in America at a fortuitous time. Law enforcement

agencies had concluded that their agents and officers, armed with standard six-round revolvers, were getting "outgunned" by drug dealers with semi-automatic pistols; they needed a new gun. With its lightweight plastic frame and large-capacity spring-action magazine, the Glock was the gun of the future. You could drop it underwater, toss it from a helicopter, or leave it out in the snow, and it would still fire. It was reliable, accurate, lightweight, and cheaper to produce than Smith and Wesson's revolver. Filled with corporate intrigue, political maneuvering, Hollywood glitz, bloody shoot-outs—and an attempt on Gaston Glock's life by a former lieutenant—Glock is not only the inside account of how Glock the company went about marketing its pistol to police agencies and later the public, but also a compelling chronicle of the evolution of gun culture in America. This book provides an authoritative history of the Brazilian army from the army's overthrow of the monarchy in 1889 to its support of the coup that established Brazil's first civilian dictatorship in 1937. The period between these two events laid the political foundations of modern Brazil—a period in which the army served as the core institution of an expanding and modernizing Brazilian state. The book is based on detailed research in Brazilian, British, American, and French archives, and on numerous interviews with surviving military and civilian leaders. It also makes extensive use of hitherto unused internal army documents, as well as of private correspondence and diaries. It is thus able to shed new light on the army's personnel and ethos, on its ties with civilian elites, on the consequences of military professionalization, and on how the army reinvented itself after the collapse of its command structure in the crisis of 1930—a reinvention that allowed the army to become the backbone of the post-1937 dictatorship of Getulio Vargas. Operations in Afghanistan frequently require United States ground forces to engage and destroy the enemy at ranges beyond 300 meters. These operations occur in rugged terrain and in situations where traditional supporting fires are limited due to range or risk of collateral damage. With these limitations, the infantry in Afghanistan require a precise, lethal fire capability that exists only in a properly trained and equipped infantryman. While the infantryman is ideally suited for combat in Afghanistan, his current weapons, doctrine, and marksmanship training do not provide a precise, lethal fire capability to 500 meters and are therefore inappropriate. Comments from returning non-commissioned officers and officers reveal that about fifty percent of engagements occur past 300 meters. The enemy tactics are to engage United States forces from high ground with medium and heavy weapons, often including mortars, knowing that we are restricted by our equipment limitations and the inability of our overburdened soldiers to maneuver at elevations exceeding 6000 feet. Current equipment, training, and doctrine are optimized for engagements under 300 meters and on level terrain. There are several ways to extend the lethality of the infantry. A more effective 5.56-mm bullet can be designed which provides enhanced terminal performance out to 500 meters. A better option to increase incapacitation is to adopt a larger caliber cartridge, which will function using components of the M16/M4. The 2006 study by the Joint Service Wound Ballistics-Integrated Product Team discovered that the ideal caliber seems to be between 6.5 and 7-mm. This was also the general conclusion of all military ballistics studies since the end of World War I. The International Bestseller That Tells How Semler Tore Up The Rule Books - And Defied Inflation Running At Up To 900% Per Year!- Workers Make Decisions Previously Made By Their Bosses- Managerial Staff Set Their Own Salaries And Bonuses - Everyone Has Access To The Company Books- No Formality - A Minimum Of Meetings, Memos And Approvals- Internal Walls Torn Down - Shopfloor Workers Set Their Own Productivity Targets And Schedules Result - Semco Is One Of Latin America'S Fastest-Growing Companies, Acknowledged To Be The Best In Brazil To Work For, And With A Waiting List Of Thousands Of Applicants Waiting To Join It. Learn Ricardo'S Secrets And Let Some Of The Semco Magic Rub Off On You And Your Company. I have been teaching Practical Shooting for more than a decade. Watching thousands of students fire millions of rounds over the years has taught me quite a lot about shooting. It also taught me how individuals process and obtain an understanding of shooting. I have seen students repeatedly shoot the same patterns over and over again, and I've realized the same drills highlighted the same mistakes. Over time, it has become easy for me to spot these patterns. The difficulty was making the student see and understand what I saw. However, when the student would experience an understanding, they had a breakthrough in their shooting. Over time, I modified drills and created new ones, to highlight the patterns I was seeing so that students would understand what they were doing wrong and comprehend how to fix it. This book is the product of that refinement. It contains a simple set of ideas, techniques, and drills; distilled down to an uncomplicated form. By developing your understanding of the concepts contained in this book, you can achieve your own breakthrough. Revealing never-before-told stories with the incisive thought and emotion of one who was there. "The author does not pull any punches...his story, is one of great bravery, of going to hell and making it back." —Indianapolis Star His battered face appeared on the cover of Time, Newsweek, and U.S. News & World Report to the shock and horror of all Americans. Black Hawk pilot Mike Durant was shot down and taken prisoner during America's biggest firefight since the Vietnam War. Published in the tenth anniversary year of the Somali conflict, this gripping personal account at last tells the world about Durant's harrowing captivity and the heroic deeds of his doomed comrades. And, as readers will discover, Durant proves himself to be nothing less than a hero. Each year in America, 2 Million criminals break into homes just like yours. Is your aim good enough to guarantee your family's safety? This book has been teaching responsible gun owners the same effective techniques that created the world's deadliest snipers. The new 2nd edition has been redesigned to give you the most powerful methods in easy-to-follow instructions. A retired US Navy SEAL and bestselling author, Chris was hand-selected to develop the entire curriculum for the US Navy SEAL Sniper training program. If the US Navy SEALs selected him as their leading firearms instructor, shouldn't you? Now, you can use these world-class techniques to master your weapon and protect your family. It comes with access to 12 online video lessons. Watch Chief Sajnog show you his real-world methods, and read detailed explanations in this book packed with the most effective firearms training you'll ever find, without any of the fluff. If you're looking for "cool" stories or techniques, this is not the book for you. If you want to shoot like a Navy SEAL, this is where to start. You'll learn: How to find the right position for you -- not the cookie-cutter methods that only work for some people -- so you can maximize your aim with as little effort as possible. Simple training exercises you can do right now, at home, without having to spend 1,000's of dollars at the shooting range. How to boost your accuracy by up to 95% -- using the "Navy SEAL focus" technique that you can master in just minutes. The SEAL Sniper Trick that you can start using today, allowing you to instantly hit targets at twice the distance. Why the aiming technique you were taught is completely wrong -- and how you can fix it instantly. Plus... how to do all of this safely, without risking harm to your family. Protect your loved ones, your country, and yourself, with the firearms techniques developed by one of the most respected firearms trainers in the world.

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